





## CHECK LIST

- Plenty of fitness/yoga/pilates sportswear for indoor and outdoor ( )
- Hiking sportswear (rain-, wind- and cold-proof) ( )
- Loungewear for chilling out ( )
- Sport and leisure swimwear ( )
  
-  ( )
- Trainers ( )
- Hiking shoes ( )
- Flip-flops ( )
  
-  ( )
- Backpack for hiking (approx. 15l) ( )
- Hiking bottle ( )
- Cap or sun hat ( )
- UV protection sunglasses ( )
  
-  ( )
- High protection sunscreen for face and body ( )

## DRESS CODE

sporty, easy-going, chill 😊

## INFORMATION

-  Laundry service available on site at EUR 30 per basket, washed and dried.  
*service to be paid cash on site*